Green Tara
Short Practice

OM TARE TUTARE TURE SOHA

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Homage

In the most perfect place, the Potala,
Born of the green letter TAM,
Drolma emanates on the light rays of TAM
Drolma and entourage, please grant your presence.
The gods and demigods bow their crowns
at your lotus feet.
The one who liberates all the destitute,
I bow to you, Drolma, the Mother.

Potala yin e chok ne
Tam yik jang ku le trung shing
Tam yik o kyi Drolma trul
Drolma kor che she su sol
Lha dang lha min cho pen gyi
Shap kyi pe ma la tu ching
Pong pa kun le drol dze ma
Drolma yum la chak tsal lo

Mantra

ॐ तारे तूतारे तुरे सोहा

Dedication

By this virtue may I quickly attain the state of Tara and
place all beings without exception in that state.